

VRC Aquatics Center

Lap Pool Schedule June-August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:00am-8:00am Lap Swim, four lanes	6:00am-8:00am Lap Swim, four lanes	6:00am-8:00am Lap Swim, four lanes	6:00am-8:00am Lap Swim, four lanes	6:00am-8:00am Lap Swim, four lanes	7:00am-8:00am Lap Swim, four lanes
	POOL CLOSED 8:00-11:30am Water Fitness	POOL CLOSED 8:00-11:30am Water Fitness	POOL CLOSED 8:00-11:30am Water Fitness	POOL CLOSED 8:00-11:30am Water Fitness	POOL CLOSED 8:00-11:30am Water Fitness	POOL CLOSED 8:00-11:30am Water Fitness & Learn to Swim
12:00-5:30pm Lap Swim, 2 - 4 lanes depending upon crowd	11:30am-6:30pm Lap Swim, 2 - 4 lanes depending upon crowd	11:30am-4:15pm Lap Swim, 2 - 4 lanes depending upon crowd	11:30am-6:30pm Lap Swim, 2 - 4 lanes depending upon crowd	11:30am-4:15pm Lap Swim, 2 - 4 lanes depending upon crowd	11:30am-8:30pm Lap Swim, 2 - 4 lanes depending upon crowd	11:30am-11:45pm Lap Swim, <i>Two lanes due to swim lessons</i>
		POOL CLOSED 4:15pm-6:30pm Water fitness/Swim Lesson		POOL CLOSED 4:15pm-6:30pm Water fitness/Swim lessons		11:45am – 6:30pm Lap Swim, 2 - 4 lanes depending upon crowd
	6:30 – 7:30pm Water Fitness	6:30 – 7:30pm Water Fitness	6:30 – 7:30pm Water Fitness	6:30 – 7:30pm Water Fitness		
	7:30-8:30pm Lap Swim	7:30-8:30pm Lap Swim	7:30-8:30pm Lap Swim	7:30-8:30pm Lap Swim		

***Leisure Pool schedule on reverse side**