

Coaching Resources:

Running an active practice:

<http://www.youtube.com/watch?v=B6iAY7jzw70&list=PLUH6zTWCHOfGkM70N5btglb-LcNcuQl0x>

Hitting basics:

http://www.youtube.com/watch?v=4d9K0m_VR2k&list=PLUH6zTWCHOfGkM70N5btglb-LcNcuQl0x

Throwing Drills:

<http://www.youtube.com/watch?v=4-IS351mEkQ>

How to Run a KILLER Practice:

<http://youthbaseballonline.wordpress.com/how-to-run-a-killer-youth-baseball-practice/>

Throwing and Pitching Drills:

<http://www.youtube.com/watch?v=ZUbNGhS03uc>

Fundamental Throwing Drills:

<http://www.youtube.com/watch?v=HYaOIDEamHY>

Hitting Instruction and Drills:

<http://www.youtube.com/watch?v=5NQfoC9Paw8>

