

SENIOR CENTER NEWS

November 2011
Volume 6 Issue 11



BAZAAR—THANK YOU!

Another Vandalia Senior Center Annual Bazaar can go down in the history books. We had another successful year thanks to the hard work of the bazaar committee and the many donations from our membership and local community businesses. We could not do it without your support!

This year, the Senior Citizens Club made a net profit of, \$4,708! (This does not include sales made after the day of the bazaar.) We had over 350 people in attendance.

CONGRATULATIONS to the following people who won door prizes: Anne Burke, Vickie Loll, H. Phillips, Chuck Sleppy, Jim Johnson, Joan Denman, Summer Kowal, Cindy Bach, Harold Conklin.

Our raffle winners included: Nita Myers who won the floral group's wine basket; Phyllis Bosckor, Sally Thompson, and Darilynn Whittamore who won the money shirts; sponsor baskets were won by Ken Marcum, Alexis Duff, Boone Wiford, and Don Flinn; the beautiful Super Sewers' Quilt was won by Beck Siva; and the Valentina Jewlers rings were won by Pauline Kash and Joyce Mason.

Thank you to all who donated, volunteered, and supported our Annual Bazaar!

VETERAN'S DAY BREAKFAST

**Friday, November 11th
at 9:00a**



The Vandalia Senior Center and Vandalia Park Nursing Center want to honor our community veterans this Veteran's Day!

Veterans and their spouses are cordially invited to this **FREE** event to enjoy a deliciously prepared full hot breakfast. We want to thank all our veterans for serving our great nation during wartime and in times of peace. Please sign-up by calling or stopping by the Vandalia Senior Center by Friday, November 4th.

Thanksgiving Potluck

Friday, November 18th at 6:00p

Join us for an evening of fellowship, entertainment, and great food! Bring your favorite Thanksgiving side dish and a donation of \$1.00 to cover the cost of the delicious turkey cooked by our very own Senior Center volunteers. Although we *usually* do not have sign-ups for potlucks we ask that you sign-up for this event. After dinner we will enjoy the music stylings of **Simple Harmony**.



PROGRAMS



BROOKDALE
SENIOR LIVING

BINGO & SNACKS

NEW SPONSOR:

Brookdale Senior Living

Thursday, November 3rd at 1:30p

Join us for fun, food, prizes and bingo! Sponsored by **Brookdale Senior Living**. No registration necessary. Bring a friend!

BELIEVE IN YOUR HEALTH LUNCH & LEARN

Tuesday, November 21st at 12noon; FREE LUNCH

Sponsored by: **BrookHaven Retirement Community**

Topic: **TBA**

Please check the bulletin board for topic or call the Vandalia Senior Center at 898-1232. Sorry for the inconvenience.



MEMBER APPRECIATION DAY



Thursday, November 17th at 1:15p

In the spirit of Thanksgiving, we wish to give thanks to you! Members can come between 1:15p and 2:15p to the Vandalia Senior Center and enjoy socialization and a scrumptious piece of pie and whipped cream. We wish to thank you for being a member of the Vandalia Senior Center.

To give back to our community, bring in a non-perishable food item to this event or anytime from Nov. 14th-Nov. 18th, and it will be donated to the Vandalia-Butler Food Pantry to help the hungry this holiday season.



AFTERNOON AT THE MOVIES

Monday, November 28th at 1:00p

Join us at the Vandalia Senior Center to screen, **Water for Elephants**, starring Reese Witherspoon, Robert Pattinson, and Christoph Waltz. Based off the novel written by, Sara Gruen.

“Water for Elephants presents an unexpected romance in a uniquely compelling setting. Veterinary school student Jacob meets and falls in love with Marlena, a star performer in a circus of a bygone era. They discover beauty amidst the world of the Big Top and come together through their compassion for a special elephant” (20th Century Fox).

JERSEY BOYS -

Schuster Center:

Tuesday, January 24th; meet at the Senior Center at 7:00p, show-time 8:00p.



This is a story of how four blue-collar kids became one of the greatest successes in pop-music history - The Four Seasons: Frankie Valli, Bob Gaudio, Tommy DeVito, and Nick Massi. They wrote their own songs, developed their own sounds, and sold 175 million records worldwide - all before the age of 30. This 2006 Grammy Award for Best Musical Show Album features hit songs, *Sherry*, *Big Girls Don't Cry*, *Rag Dolls*, *Oh What a Night*, and *Can't Take My Eyes Off of You*. Please Note: This show does contain authentic, profane Jersey language and adult situations.

Price: \$90.00 per person includes ticket, transportation, and escort. Money is due at the time of reservation. We have 6 tickets remaining..SIGN UP TODAY!

PROGRAMS & OTHER INFO



HISTORIC WOODLAND CEMETERY & ARBORETUM ARMCHAIR TOUR

Friday, December 9th at 1:00p

Visit the beautiful and historic Woodland Cemetery and Arboretum without leaving your chair! Join us at the Vandalia Senior Center where we will learn, through pictures, about the resting place of many famous Daytonians including: the Wright Brothers, Paul Laurence Dunbar, Erma Bombeck, and many others. This will be a fun and informative presentation from the experts at Woodland Cemetery. This event is free and refreshments will be provided. Please sign-up on the bulletin board.

VOLUNTEER RECOGNITION LUNCHEON

Tuesday, December 13th at 12noon

Our center cannot run without the help of volunteers.

During this special lunch we will recognize those who volunteered in 2011. At this luncheon we will also be going over the new timesheet initiative for VSC volunteers. This event is free for Vandalia Senior Center volunteers but PLEASE sign up in the office by December 9th.



SANTA'S CALLING



We are in need of a few Mr. & Mrs. Clauses for the 23rd annual, *Santa's Calling Program!*

This program, run through the Vandalia Parks & Recreation, allows local

children to receive a phone call from Mr. & Mrs. Claus the first week of December. If you are interested in volunteering for Mr. or Mrs. Clause, please contact Elaine at 898-1232 or 415-2333. This program always brings many smiles to local children and you don't need to get into costume—just the holiday spirit!

VSC MEMBERSHIP DRIVE

December 5th—

December 9th; 9:00a-3:45p



We will begin our annual Vandalia Senior Center membership drive the first full week of December. Join or renew your membership at the Vandalia Senior Center, or send your check to 21 Tionda Drive South Vandalia, OH 45377, between 9:00a-4:00p Dec. 5th-9th, and you will be entered into a drawing for fantastic prizes! You are more than welcome to start renewing anytime beginning November 1st, but you will not be entered into the drawing. Below you will find 2012's membership rates, approved during August's Senior Club Business meeting.

PLEASE MAKE CHECKS PAYABLE TO:

The City of Vandalia

\$15 for Single Resident

\$20 for Single Non-Resident

\$25 for Resident Dual

\$35 for Non-Resident Dual

**A resident is defined as someone who pays City of Vandalia property taxes.



BLOOD PRESSURES Monday, November 21st from 11:30a-12:30p Service provided by Dayton Public Health.



BREAKFAST On Friday, November 11th at 9:00a we will have a free breakfast for veterans and their spouses. Please see page 1 for details.



Friday, November 4th & 18th at 6:00p
Please bring a dish to share & tableware.
See page 1 for details about the Nov. 18th Thanksgiving Potluck.



TRAVEL NEWS By Liz Syska

WOW! What a great turnout for our Travel Open House October 10th. We took in 223 reservations which is a great start for 2012 tours. Washington, DC is the #1 trip, Ron Retzer & Crisagi Brothers #2, and Lancaster, Pa is #3.

Keep those reservations coming. Don't miss out by waiting too long!

REMINDER:

Cancellation Insurance is highly recommended for overnight tours in the event you need to cancel due to health reasons for you, your travel companion, or an immediate family member. If you have a pre-existing condition, you need to purchase the insurance with your deposit or add the insurance to your final payment.

Also, all checks are to be made payable to: **Vandalia Senior Travel** and note the date of the tour you are purchasing in the comment area. Please mail checks to :

Liz Syska

120 W Van Lake Dr.

Vandalia, OH 45377

For reservations of questions, please call me at **937-260-0776**.

Happy Traveling,

Liz Syska

Director, Vandalia Senior Travel

CLASSES

BEGINNERS LINE DANCING:

This term of Beginners Line Dancing will run Thursdays from October 6th to November 17th. First time participants and true beginners start at 9:00a and beginners begin at 9:30. Everyone welcome! This is a wonderful class to get you moving! And remember...there are no mistakes in line dancing. It's all personal style and interpretation.



SCRABBLE

Don't be shy; enjoy this famous word game in a non-threatening environment. Fridays at 1:00p at the Vandalia Senior Center.

Alzheimer's Caregiver Networking & Support Group

Find out that you are not alone on this journey. Discover a group that understands exactly what you are going through. Resources and support available.

Questions?: Contact Gina at 776-5483 or the Alzheimer's Association at 291-3332.

alz.org | [alzheimer's](http://alzheimer's.org)  [association](http://association.org)

SATURDAY SENIORS

Gather your friends and come to the Vandalia Senior Center for cornhole, pool, and cards. Please check the bulletin board at the Center for November dates.



SINCLAIR CLASSES

FREE classes for 'seasoned' citizens 60 or better at the Vandalia Senior Center. Provided by Sinclair College for Lifelong Learning. Registration required at the VSC office.

Fall Quarter Ends: November 23rd

Sign-up TODAY for Winter Quarter.

January 9th to March 25th

Winter Quarter's Monday History Class will be...(drum roll please)...

Rebuilding Europe after WWII

w/Brian Weiss

MUSIC (Originals & Sundaes)

MON 1:00p-3:15p

Instructor: Dr. Robert Bobo

EXERCISE

MON & WED 11:00a-11:50a & 12:00-12:50p

Instructor: Fern Strahan

ART APPRECIATION

TUES 1:30p-3:30p

Instructor: Barb Stork

PAINTING & MORE

THURS 12:00noon-3:15p

Instructor: Kathy Moore

You must be a member of the Vandalia Senior Center to attend the Sinclair Classes at the Vandalia Senior Center.



On-going Groups

CRAFT GROUPS

SUPER SEWERS

*Quilting & Sewing

Every Other Tuesday, 9:00AM

HAPPY HOOKERS

*Crocheting & Knitting

Every other Tuesday, 1PM

FLORAL GROUP

*Silk Arranging/Holiday

Most Tuesdays, 9:00AM

BILLIARDS

"POOL ROOM"

MON-FRI 9AM-4PM!



1PM CARD GROUPS

PINOCHLE...

Every Tuesday/Thursday

BID EUCHRE...

1st & 3rd Wednesdays

FIVE-HUNDRED...

2nd & 4th Wednesdays

GAME DAY!!!

2nd & 4th Fridays



PENNY ANTE POKER...

Every Friday

BRIDGE HOSTS

TUESDAY GROUP (10AM)

Linda Wright—898-6025

WEDNESDAY PARTY (12:30PM)

THURSDAY PARTY (12:30PM)

Doris Monnin—833-6550

THURS. DUPLICATE (12:30PM)

Pauline Kash—898-2142

SCRABBLE

FRIDAYS at 1:00p

**READ BOOKS?

Appreciate intelligent, spirited friendly discussion? Join us for... *Books 'n Stuff*.

2nd/4th Mondays- Check calendar for time.

CONGREGATE LUNCH

- EVERY MONDAY & WEDNESDAY AT 12PM
- MENU AVAILABLE IN OFFICE
- CALL FOR MORE INFO OR TO SIGN UP!!



One less meal to cook!

And enjoy eating in good company!

** This is NOT an income-based meal program, the ONLY requirement is that participants are age 60 or older. Sign-Up today!!

SINGLE SENIORS NETWORK

Every single person welcome! Feel free to contact Pauline "Polly" Kash at 898-2142 or Jean Lutz at 890-4199.

PLEASE CHECK THE BULLETIN BOARD.



Thursday, November 10th: Vandalia Public Library. Meet there for a free program at 6:30p. Program: **Dayton in the 1950's**. (Get together after for dessert?)

Saturday, November 12th: Troy Hayner Cultural Center - FREE CONCERT. Free concert by Jim Cutcheon. Carpool on your own. Meet there at 7:00p...(it's too cold to meet at the Senior Center).

Thursday, November 17th: Special Program at the Dayton Art Institute, *Irving Berlin's*. Music as it relates to the new Norman Rockwell exhibit. Carpool on your own and meet there at 6:30p. Cost: \$5 for DAI members and \$8 for non-members.



Monday, November 28th: Dinner at Little York Tavern at 6:00p. Carpool on your own and meet there. Please sign-up!

November WORD SEARCH

A S U N S Q F B E S L C Y E E
M T R P M O C E R I O I T V N
E O Y E E E U E C P Z B C I I
R P N E V C M L D M V H M T R
I A T I A I I D S E R B V A T
C Z T S E V G P T Y S B S I I
A A P H M T I E S W V E Y L C
N N Z O M H R A R O A P Y L M
L L A X R A N S T A H J B A H
A F E Z N T T H A I C R I P V
P G P S H A F I B H O W D S E
S E T E B A I D S K O N U W G
M A M G N I V I G S K N A H T
H U A W A R E N E S S F R Y D
M W F A M I L Y E J H E C I R



Aviation History Month

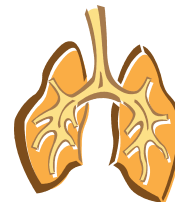


Native American Heritage Month



American **Diabetes** Month

National **Family Caregivers** Month



COPD Awareness Month



National **Hospice & Palliative** Care Month



Alzheimer's Disease Awareness Month

(1) **All Souls** Day

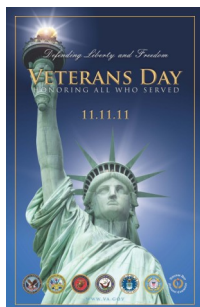


(11) **Veteran's** Day

(24) **Thanksgiving** Day

Flower: **Chrysanthemum**

Birthstone: **Citrine** or **Topaz**



5 Things You Should Know About Open Enrollment

Brought to you by: **National Council on Aging: www.ncoa.org**

Open Enrollment for Medicare Part D prescription drug coverage and Medicare Advantage Plans has started!

Here are five things every person with Medicare should remember during this time of year.

1. GET AN EARLY START.

The open enrollment period has shifted to run Oct. 15th through Dec. 7th. That's an earlier start date AND an earlier end date. It's a week longer, but don't wait until the post-Thanksgiving rush to start thinking about your coverage for 2012. Consult with you local State Health Insurance Assistance Program (SHIP) or use the Medicare Plan Finder to get a head start in planning for the new year,

2. IT PAYS TO REVIEW YOUR COVERAGE.

Even if you're happy with your current plan, it's always a good idea to check ALL your options. Remember: plans change, and people change. There's no penalty for switching plans during Open Enrollment, but if you don't do it now, you may have to wait until fall of next year to change it! Many people with Medicare can save hundreds of dollars each year simply by comparison shopping to choose the plan that suits their needs best for next year. Start by reviewing what your current plan will offer in 2012, and see whether it still meets your current prescription and anticipated health service needs. Start with you Annual Notice of Change, which you should have received from your current plan in early October.

3. REMEMBER THE C's.

Cost, coverage, convenience, and customer service—these are the elements you'll want to keep in mind when making your selection. What are your projected total costs going to be? Does the plan cover every drug you think you'll need in 2012? Can you get your prescriptions at a location convenient to you (or by mail)? How do other clients rate the plan on terms of customer responsiveness? The Medicare Plan Finder and you local SHIP can help you answer these questions.

4. THINK ABOUT OTHER SAVINGS AS WELL.

Now is a perfect time to also consider where else you may be eligible to save money. *BenefitsCheckUp*, a free online screening tool from NCOA, allows users to see if they may qualify for prescription drugs, health care, and other household costs. Additionally, you can find local contacts to help you apply for the programs, and download application forms.

5. TAKE ADVANTAGE OF FREE PREVENTIVE SERVICES

Medicare nor has an array of free preventive services to help you stay healthy. Consult your Medicare & You 2012 handbook for a complete list of these benefits. Also, make sure you set up an appointment for you Annual Wellness Visit—deductible and cost-sharing free. Be one up on your health, each and every year with Medicare.

Questions about you Medicare Coverage? Contact the Vandalia Senior Center at 898-1232.

VANDALIA SENIOR CENTER

21 Tionda Dr. South
Vandalia, OH 45377

Vandalia Parks & Recreation

Elaine Kaylor, Recreation Supervisor

Phone: 937-898-1232

Email: ekaylor@vandaliaohio.org

http://www.vandaliaohio.org/Senior_Center.cfm

**Monday-Friday
9AM-4PM**

~~ MEMBERSHIP ~~

\$10.00 per person
Calendar year (Jan-Dec)
Age 55 or older
Younger spouses welcome!

Vandalia Senior Citizens Club 2011 Board of Officers:

President	Mary Miller 890-1010
Vice President	Jim Hudson 898-6856
Treasurer	Jack Gels 415-0956
Secretary	Jeanne Woolery 898-6739
Travel Director	Liz Syska 898-3059
Catered Dinners	Nancy Omlor 890-5431
Potluck	Polly Kash 898-2142
Entertainment	Jean Lutz 890-4199
Sunshine	Virginia Trafford 264-0472
Chaplain	Karen Ortega 898-4018

DATED MATERIAL: PLEASE DO NOT DELAY

SENIOR CENTER CLOSINGS:

The Vandalia Senior Center will be closed on November 25th and 26th for the Thanksgiving holiday. Wishing you and your family a safe and blessed Thanksgiving.

THANKSGIVING LUNCH

The Senior Resource Connection congregate meal program will be hosting their annual turkey lunch at the Vandalia Senior Center on November 16th at 12:00noon. For a suggested donation of \$2.00 you will receive sliced turkey w/gravy, mashed potatoes w/ gravy, green beans, pumpkin pie, fresh fruit, dinner roll, and milk. You must complete a Senior Resource Connection registration form and sign-up no later than November 2nd.

Funding for the meal program comes from the Area Agency on Aging, PSA 2.

CLUB NOTES:

The club bi-laws are being revised and will be presented at a future business meeting.

VETERAN'S SERVICES

Unfortunately, the Montgomery County Veterans Service Commission will no longer be able to provide appointments at the Vandalia Senior Center. But, if you are in need of assistance please call 937-225-4801 ext 230 to inquire about benefits.

November Calendar

MON	TUES	WED	THUR	FRI
	1 Bridge 10a Pinochle 1p Happy Hookers 1p Art Appreciation 1:30p	2 Computer Class: FACEBOOK I 9:00a LUNCH 12noon Bridge 12:30p Bid Euchre 1:00p	3 Line Dancing 9:00a Painting & More 12noon Bridge 12:30p Pinochle 1p Bingo & Snacks 1:30p w/Brookdale	4 Scrabble 1p Penny Poker 1p Potluck 6p Business Mtg 7p
7 Exercise 11a & 12p LUNCH 12noon HIS/MUS 1:00p Cornhole 1p	8 Super Sewers 9a Bridge 10a Art Appreciation 1:30p	9 Computer Class: FACEBOOK II 9:00a LUNCH 12noon Bridge 12:30p Five-Hundred 1:00p	10 Line Dancing 9:00a Painting & More 12noon Bridge 12:30p Pinochle 1p Caregiver Mtg 4:30p	11 <u>Veteran's Breakfast 9a</u> Penny Poker 1p Game Day 1p Scrabble 1p
14 Exercise 11a & 12p LUNCH 12noon HIS/MUS 1:00p Cornhole 1p Books 'n Stuff 3:15p	15 Bridge 10a Lunch & Learn 12noon Pinochle 1p Happy Hookers 1p Art Appreciation 1:30p	16 Exercise 11a & 12p LUNCH 12noon Bridge 12:30p Bid Euchre 1:00p	17 Line Dancing 9:00a Painting & More 12noon Bridge 12:30p <u>Member Appreciation</u> <u>Pie Day 1:15p</u> Pinochle 1p	18 Scrabble 1p Penny Poker 1p Thanksgiving Potluck 6p Entertainment 7p
21 Exercise 11a & 12p Blood Pressures 11:30a LUNCH 12noon HIS/MUS 1:00p Cornhole 1p	22 Super Sewers 9a Bridge 10a Pinochle 1p Art Appreciation 1:30p	23 Exercise 11a & 12p LUNCH 12noon Bridge 12:30p Five-Hundred 1:00p Sinclair: End Fall Qtr.	24 SENIOR CENTER CLOSED Happy Thanksgiving!	25 SENIOR CENTER CLOSED
28 Exercise 11a & 12p LUNCH 12noon Cornhole 1p <u>Movie Day 1:00p</u>	29 Bridge 10a Pinochle 1p	30 LUNCH 12noon Bridge 12:30p Bid-Euchre 1:00p	