

SENIOR CENTER NEWS

February 2012
Volume 7 Issue 2

Vandalia Senior Center Presents

Valentine's Floral Arrangement Workshop

Tuesday-February 9th-1:00-2:30 PM

Join the Vandalia Senior Center and Gina Havenar from *Hearth and Home of Vandalia* for a Valentine's Day floral arrangement workshop. In this workshop, you will have the opportunity to arrange a beautiful bouquet of flowers that you can either take home for yourself or give to someone special.

Please feel free to bring your vase for your arrangement. This workshop is FREE thanks to Gina and our friends at *Hearth and Home of Vandalia*. You must register

for this workshop; please sign up on the bulletin board or call the Senior Center at 898-1232. Space is limited- so sign up today!



SENIOR CENTER HOURS:

Monday-Friday
9:00 am to 4:00 pm

VOLUNTEER APPRECIATION PROGRAM STARTS IN FEBRUARY

A new program will kick off in February to recognize and salute the many volunteers who put in the hours to insure that our Senior Center continues to function and stay as successful as it has been. A binder will be located in the office for volunteers to keep track of their hours as we go through 2012. Volunteer hours can be accumulated for a variety of programs to include , but not be limited to, van driving, help with potlucks and catered dinners, the annual bazaar, congregate meals, kitchen help, administrative help in the office, and a host of other programs. At the end of the year the hours will be totaled and awards will be presented to each of our volunteers at an Annual Volunteer Appreciation Dinner to be scheduled in the spring. See Ted for more information on the program.

The Senior Club Needs Your Input!

Our attendance at potlucks and catered dinners have been gradually decreasing. If you used to attend but do not any more, please share with us why this has changed. If you never have attended a potluck or catered dinner, how can we make them more appealing?

Please drop us a note in the office in a sealed envelope with "Dinners" written on the envelope. No signature or name is needed. Thank you in advance for your help.



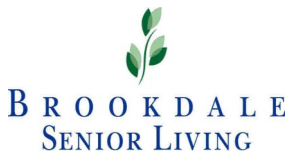
TO VOLUNTEER IS TO SERVE

PROGRAMS

WHAT COMES ALONG WHETHER YOU WANT IT TO OR NOT? TAXES— and it is that time again. The sign up sheets are posted outside of the center office so that you can get the assistance that you need in preparing your tax return. The program begins on Tuesday, January 31 and runs for 11 weeks. We will have volunteers available from 9:00 to 2:00 each Tuesday. Either call or stop by to get your name on the list. Please have all of your documents that you need for your appointment.



BINGO and SNACKS

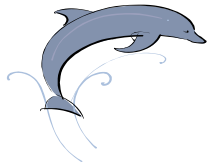


THURSDAY, FEBRUARY 2
At 1:30 PM

Join us for fun, food, prizes and bingo! Sponsored by **Brookdale Senior Living**. No registration necessary. Bring a friend

Afternoon at the Movies

Friday, February 10th at
1:00p



Join us at the Vandalia Senior Center for a moving true story “The Dolphin Tale” . The story documents how an eclectic group of peoples lives can be changed for the better as they fight to return a dolphin to the wild. The popcorn machine will be fired up and boxes of tissues will be ready for your use.

BELIEVE IN YOUR HEALTH LUNCH & LEARN



Topic: ***Blocked Arteries***

Presented by: **Good Samaritan Hospital & BrookHaven Retirement Community**

Tuesday, February 21st at 12 noon
Please sign up on the bulletin board no later than February 12th!

Learn about the warning signs of poor heart and vascular health in this class that covers risk factors, how early detection may prevent long-term issues and new technologies in evaluation, diagnoses and treatment. As a lifelong resident of the Dayton area, and a member of the Good Samaritan Hospital medical staff since 1988, Dr. Timothy D. Markus is committed to improving the quality of cardiac care in Dayton and its surrounding communities.

SATURDAY SENIORS

Gather your friends and come to the Vandalia Senior Center for cornhole, pool, and cards. Please check the bulletin board at the Center for February dates.





BLOOD PRESSURES Monday, February 20, 11:30a-12:30p.
 Service provided by Dayton-Montgomery Co. Public Health Dept.



NO POTLUCK SCHEDULED FOR FEBRUARY 3

February 17th Potluck will be followed by:

Entertainer– Eric Loy-Guitarist/Singer

TRAVEL NEWS By Liz Syska

Greetings from sunny Florida!

Please keep reservations for 2012 coming!

REMINDER: Final payment for the Washington, DC Tour is due in house by February 20th. Please mark your calendar. Also, there are several of you who do not have a room mate listed. Please call me and let me know who you are rooming with. If I don't hear from you, I will assume you are a single. Itinerary and luggage tags will be mailed approximately one week prior to departure.

4/27 to 4/30/12: Washington D.C. Check in at 7:30a and depart at 8:00a. 40 signed up of which 9 persons need to let me know who they are rooming with. One person is looking for a female roommate. **NOTE:** Final payment is due 2/20/12.

5/8/12: The Fab Four - Check in at 9:30a and depart at 10:00a. 20 signed up...need at least 10 additional persons for this to go. Please pass the word.

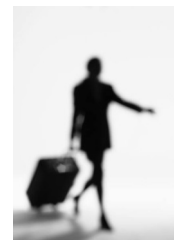
6/25 to 6/28/12: Cruising the 'Mighty Mississippi' - We still need an additional 6 people for this trip to get the go ahead. Put the word out to all of your friends.

7/10/2012– Dean Martin in Concert (Dean Martin's daughter)- Only 9 people have signed up– this will be a great show but we need more people for it to be a go.

FYI - The "Lost in the 50's Tour" has been changed from 10/10/12 to 10/8/12. Please mark your calendar.

You can reach me by calling 937-260-0776. Please mail posits and final payments to: 120 W Van Lake Dr - Vandalia,

OH 45377 - or drop off payments at the center.



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SUPPORT GROUPS & CLASSES



Memory Loss Caregiver Networking & Support Group

Find out that you are not alone on this journey. Discover a group that understands exactly what you are going through. Resources and support are available.

Questions?: Contact Gina at 776-5483 or the Alzheimer's Association at 291-3332.

Crossroad's Grief Recovery Group

If you are interested in an outreach program that will guide those who wish to resolve their loss issues and move beyond their grief to a richer quality of life? The 10 week Grief Recovery Group will meet Thursdays at 10:00am from March 1st until May 17th. This is a free program and you will receive a free hard back workbook. The sign up sheet is on the bulletin board.



Hosted by: Crossroads Hospice

LINE DANCING RETURNS

If you ever wanted to learn how to Line Dance— now is your chance. Classes will be starting up again on February 16. Check the bulletin board for class dates and times.



DIGITAL CAMERA/COMPUTER CLASSES ARE BACK

Sign ups are being taken now for the next latest and greatest digital camera and computer classes to be offered by Web Wise Boomers & Seniors, LLC. The following classes will be offered on the dates and times listed below. The classes are in conjunction with the senior center at Huber Heights so we get a total of six slots per class .

Payment is due at time
of sign up at the office for classes held
at Vandalia.

VANDALIA CLASSES

Digital Camera-March 16 & 23— 9-11 AM
(Members register beginning Feb 9— Cost is \$39.00)

Computer Tune-up-April 25— 9-11 AM
(Lecture Class)

(Members register beginning Feb 9— Cost is \$9.00)

HUBER HEIGHTS CLASSES

Basics 1&2— April 18 and 25— 1-3 PM
(Registration to begin in March-Cost is \$39.00)

Basics 3&4— May 16 & 23— 1-3 PM
(Registration will begin in April-Cost is \$39.00)

Huber Heights Phone: 237-2981

On-going Groups

CRAFT GROUPS

SUPER SEWERS

*Quilting & Sewing

Every Other Tuesday, 9:00AM

HAPPY HOOKERS

*Crocheting & Knitting

Every other Tuesday, 1PM

FLORAL GROUP

*Silk Arranging/Holiday

Most Tuesdays, 9:00AM

BILLIARDS

"POOL ROOM"

MON-FRI 9AM-4PM!



1PM CARD GROUPS

PINOCHLE...

Every Tuesday/Thursday

BID EUCHRE...

1st & 3rd Wednesdays

FIVE-HUNDRED...

2nd & 4th Wednesdays

GAME DAY!!!

2nd & 4th Fridays



PENNY ANTE POKER...

Every Friday

BRIDGE HOSTS

TUESDAY GROUP (10AM)

Dona Fleischman - 898-3103

WEDNESDAY PARTY (12:30PM)

Beve Williams - 898-3762

THURS. DUPLICATE (12:30PM)

George Harrington-890-0273

SCRABBLE

FRIDAYS at 1:00PM

Cornhole

Mon and Thurs- 1:00 PM

**READ BOOKS?

Appreciate intelligent, spirited friendly discussion? Join us for... *Books 'n Stuff*.

2nd/4th Mondays- 3:15 PM

CONGREGATE LUNCH

- EVERY MONDAY & WEDNESDAY AT 12PM
- MENU AVAILABLE ON BULLITEN BOARD
- CALL FOR MORE INFO OR TO SIGN UP!!



One less meal to cook!

And enjoy eating in good company!

** This is NOT an income-based meal program, the ONLY requirement is that participants are age 60 or older. Sign-Up today!!

SINGLE SENIORS NETWORK

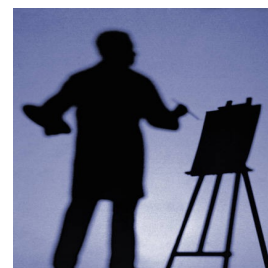
Thursday- February 9

Troy Hayner Cultural Center

"Young Masters" Exhibit

Meet at Hayner Center at 11:00 AM

Lunch to follow at *Dunaways*



Thursday-February 16

Dayton Playhouse Trip

"Nonsense"

Details on sign up sheet on board

Monday-February 27

Dinner at *O'Charley's*

Meet at 6:00 PM

Sign up on the board



An old man was having trouble getting a stubborn mule to continue pulling his wagon down the road. He had tried everything but he was frustrated that nothing worked. Another farmer pulled up in his buggy, got out and took a 2"x4" out of his wagon, stepped up and hit the mule across the head. He turned to the farmer and said "sometimes you have to get their attention first." We all know someone that we wish we could use the same attention getter on!

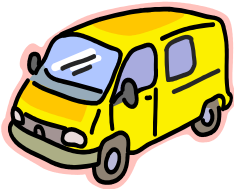
THIS and THAT



Sunshine Club: If anyone is aware of members who are ill or have passed on-please contact Ted at the center. He will post a notice on the bulletin board to share with the community. This way members who wish to send cards or a phone call will have the information.



Any member wishing to get reimbursed for an item or supplies that they have purchased for the center or an event must get prior approval from Ted . You may not get reimbursed without the prior approval.



Our Senior Center transportation program is in need of a few additional drivers. Our most pressing need is for someone to handle the requests for Tuesdays. It can be a single driver or a combination of one or more. We also need drivers to fill in when the regular drivers can't make it. Please contact Ted for more information.



The Vandalia Senior Center's Annual Bazaar is only eight months away and we do not have a chairman yet. The Bazaar is the single most important event that the membership puts on to help defray the costs of running the center. If you are interested in stepping up this year- please come see Ted in the office.



In addition to our Annual Food Drive we would also like to donate food to the Vandalia Food Pantry throughout the year. We have a barrel located in the Center that gets checked/ emptied on a regular basis. Let's see how much food stuff we can put in that barrel every week. It will make a huge difference for our community



Mark your calendar now to attend the monthly Senior Center membership "Business Meeting" on Friday, February 2, 2012. The meeting will kick off at 1:00 followed by the showing of a 55 minute DVD from one of America's most well known humorist- Jeanne Robertson. She will entertain you with a variety of stories (not jokes) based on everyday life. We promise it will be fun, clean and highly entertaining. We will see you there!



Life is like a bowl of cherries. Sometimes you are the "fruit" and sometimes you are the "pit"!

VANDALIA SENIOR CENTER

21 Tionda Dr. South
Vandalia, OH 45377

Vandalia Parks & Recreation

Ted Wiegman, Recreation Supervisor
Phone: 937-898-1232
Email: twiegman@vandaliaohio.org
<http://www.vandaliaohio.org/>

PRE-SORTED STANDARD MAIL
U.S. POSTAGE PAID
Tipp City, OH
PERMIT 7

~~ **MEMBERSHIP** ~~
Age 55 or older
Younger spouses welcome!

or Current Resident

DATED MATERIAL: PLEASE DO NOT DELAY

Vandalia Senior Citizens
Club
2012 Board of Officers:

President	Jack Gels 415-0956
Vice President	Jim Hudson 898-6856
Treasurer	Joyce Mason 898-2313
Secretary	Nancy Omlor 898-6739
Travel Director	Liz Syska 260-0776
Catered Dinners & Entertainment	Jean Lutz 890-5431
Potluck	Joan Denman 898-4168
Chaplain	Karen Ortega 898-4018

Elaine Kaylor, Facility Manager
Vandalia Parks & Recreation
Phone: 937-415-2333
Email: ekaylor@vandaliaohio.org

MARK YOUR CALENDAR NOW

The Annual Senior Citizens Dinner sponsored by the Stillwater Seventh-Day Adventist Church is scheduled for Saturday, March 10 at the church. The start time will be updated as we draw closer to the event. A sign up sheet will go up on the bulletin board in February. This annual event always proves to be a great get together for fellowship and great eats. Don't miss out on this year's celebration.

WINTER WEATHER ANNOUNCEMENT: In the case of inclement weather the following announcements will be made if the Senior Center is closed.

The Vandalia Parks & Rec will post an announcement on **CHANNEL 2 or 7** specific to the "Vandalia Senior Center."

As always, feel free to call the Senior Center at 898-1232. If we are here, we will answer.

2012 Membership Information

PLEASE MAKE CHECKS PAYABLE TO:

The City of Vandalia

\$15 for Single Resident

\$20 for Single Non-Resident

\$25 for Resident Dual


\$35 for Non-Resident Dual

**A resident is defined as someone who pays City of Vandalia property taxes.

ATTENTION:

If your address label is yellow-this will be your last newsletter until you renew your membership at the Senior Center.

FEBRUARY CALENDAR

MON	TUES	WED	THUR	FRI
		<p>1</p> <p>Exercise Class 11 am LUNCH 12 pm Exercise Class 12 pm Bridge 12:30 pm Bid Euchre 1 pm</p>	<p>2</p> <p>Bridge 12:30 PM Pinochle 1 PM Bingo Snacks 1:30 PM</p>	<p>3</p> <p>City of Vandalia Meeting-10:00-1:00 PM <u>NO POTLUCK</u> Penny Poker 1 pm Scrabble 1 pm</p>
<p>6</p> <p>Exercise 11 am LUNCH 12 pm Exercise 12 pm History Class 1 pm Cornhole 1 pm Books 'n Stuff 3:15 pm</p>	<p>7</p> <p>Bridge 10 am Pinochle 1 pm Happy Hookers 1 pm Art Appreciation 1:30 pm</p>	<p>8</p> <p>Pinochle Class 9 am Exercise 11 am Lunch 12 pm Exercise 12 pm Bridge 12:30 pm Play 500 1 pm</p>	<p>9</p> <p>Painting & More 12 pm Bridge 12:30 pm Pinochle 1 pm Floral Worshop 1:00 PM</p>	<p>10</p> <p><u>BREAKFAST 9 am</u></p> <p>Penny Poker 1 pm Game Day 1 pm Scrabble 1 pm MOVIE 1 pm " Dolphin Tale "</p>
<p>13</p> <p>Exercise 11 am LUNCH 12 pm Exercise 12 pm History Class 1 pm Cornhole 1 pm Books 'n Stuff 3:15 pm</p>	<p>14</p> <p>Super Sewers 9:00 am Bridge 10 am</p> <p>Pinochle 1 pm Art Appreciation 1:30 pm</p>	<p>15</p> <p>Pinochle Class 9 am Exercise 11 am LUNCH 12 pm Exercise 12 pm Bridge 12:30 pm Bid Euchre 1 pm</p>	<p>16</p> <p>Line Dancing 9:00 and 9:30 PM Painting and More 12:30 PM Bridge 12:30 pm Pinochle 1 pm</p>	<p>17</p> <p>Potluck 12noon Entertainment 1p Eric Loy Penny Poker 1pm Scrabble 1:00 pm</p>
<p>20</p> <p>Exercise 11 am BP Checks 11:30 am LUNCH 12 pm Exercise 12 pm History Class 1 pm Cornhole 1 pm Books 'n Stuff 3:15 pm</p>	<p>21</p> <p>Bridge 10 am LUNCH and LEARN 1200 Noon Pinochle 1 pm Happy Hookers 1 pm Art Appreciation 1:30 pm</p>	<p>22</p> <p>Exercise 11 am LUNCH 12 pm Exercise 12 pm Bridge 12:30 pm Play 500 1 pm</p>	<p>23</p> <p>Line Dancing 9:00 & 9:30 AM Bridge 12:30 pm Painting & More 12:30 PM Bridge 12:30 pm Pinochle 1 pm</p>	<p>24</p> <p>Penny Poker 1 pm Game Day 1 pm</p>
<p>27</p> <p>Board Mtg-10:00 am Exercise 11 am LUNCH 12 pm Exercise 12 pm History Class 1 pm Cornhole 1 pm</p>	<p>28</p> <p>Super Sewers 9:00 am Bridge 10 am Pinochle 1 pm Art Appreciation 1:30 pm</p>	<p>29</p> <p>Exercise 11 am LUNCH 12 pm Exercise 12 PM Bridge 12:30 PM Bid Euchre 1 pm</p>	