

Senior Membership:

Annual memberships to the VRC are valid for one year from the date of purchase or date renewed. Your membership card must be presented for entry to the facility. Passes are non-transferable and are non-refundable. Please see the brochure for definitions of a Resident, Non-Resident, and Business membership options. A VRC membership will provide you complete access to the fitness center, aquatic center, gym, track, and gives your free access to the Senior Strength program. Please note, drop-in fitness classes such as water fitness require an additional fee.

Senior Strength:

This program focuses on the functional strength needs of senior adults. This program is supervised by qualified fitness staff. The program is based upon group fitness classes that are held primarily on Tuesday and Thursday mornings. Please see the Senior Strength schedule for all program offerings. You can also view our schedule online at: <http://www.vandaliaohio.org/SeniorStrength.cfm>

Senior Adult Card:

The purchase of a Senior Card provides access to the fitness center, aquatic center, gym, track, and Senior Strength program. This is a cost savings option for those ages 55-61 that cannot yet purchase a Senior Membership.